



Unity is a positive, practical, progressive approach to Christianity based on the teachings of Jesus and the power of prayer. Unity honors the universal truths in all religions and respects each individual's right to choose a spiritual path.

Through prayer, publishing, and spiritual education, we empower people to realize and express their divine potential for healthy, prosperous, and meaningful lives.

Our Vision

The world's premier provider of spiritual resources and the destination of choice for personal transformation.

Unity is a center of spiritual light for people of the world. We are dedicated to letting this light shine so brightly that people become more aware of their spiritual nature and express it in their daily lives. We address physical, mental, and emotional needs through affirmative prayer and spiritual education. We serve those who seek inspiration and prayer support as well as those who use Unity teachings as their primary path of spiritual growth.

Now's the time to bring this prosperity consciousness into your day-to-day living.

"Unity says that true religious growth is a 'do-it-yourself' project ... One might describe Unity as a religious philosophy with an 'open end,' seeking to find God's truth in all of life."

--Charles R. Fillmore, Chairman Emeritus of the Board of Directors and grandson of Unity founders, Myrtle and Charles Fillmore

Who We Are

Unity is a not-for-profit organization based on the teachings of Jesus and the healing power of prayer. Our world headquarters at Unity Village, Missouri, provides a tranquil atmosphere for quiet meditation and a place for all people, regardless of faith or nationality, to worship.

Unity was founded in 1889 in Kansas City, Missouri, by Charles and Myrtle Fillmore. After Mrs. Fillmore's remarkable healing using prayer and affirmations, many friends became interested in how she accomplished this healing. Unity grew from small prayer circles in living rooms to the worldwide movement it is today.

Our prayer, publishing, education, and retreat ministries allow us to provide people around the world with positive, spiritual messages of hope, healing, prosperity, and peace.

Our Prayer Ministry

Prayer is the foundation and the heart of our work. For more than one hundred years, Unity has been dedicated to helping people through prayer. Silent Unity®, the prayer ministry of Unity, responds to nearly two million requests from people who write, call, or e-mail for prayer support throughout the year. A vigil of prayer is maintained in Silent Unity around the clock so that we are available for those who request prayer.

Our Publishing Ministry

Unity operates one of the largest religious publishing houses in the Midwest, offering hundreds of books, pamphlets, CDs, and tapes on a variety of spiritual subjects.

Our Message of Hope® literature is distributed to hospitals, prisons, nonprofit organizations, and the military. Unity also publishes two magazines to inspire and advance personal growth.

Daily Word® is a monthly magazine of daily inspirational messages published in eight languages and distributed in 180 countries. It includes affirmations, prayers, and a monthly calendar.

Unity Magazine® is a bimonthly magazine filled with articles written to encourage spiritual education and development.

Our Educational Ministry

At Unity we offer a variety of classes, workshops, and seminars designed to increase spiritual understanding and promote inner growth. Spiritual retreats are also offered throughout the year and are open to anyone who would like to attend.

Does Unity believe in the divinity of Jesus Christ?

Yes, Unity teaches that the spirit of God lived in Jesus, just as it lives in every person. Every person has the potential to express the perfection of Christ as Jesus did, by being more Christlike in everyday life.

What is the role of the Bible in Unity?

The Bible is Unity's basic textbook. Scripture comes alive when it is understood as a clear and helpful guide for today's experiences.

What are Unity's basic teachings?

We encourage you to explore and apply Unity teachings based on your own spiritual understanding. We believe this spiritual understanding is enhanced through reflective prayer and meditation. The five basic ideas that make up the Unity belief system are:

- 1) God is the source and creator of all. There is no other enduring power. God is good and present everywhere.
- 2) We are spiritual beings, created in God's image. The spirit of God lives within each person; therefore, all people are inherently good.
- 3) We create our life experiences through our way of thinking.
- 4) There is power in affirmative prayer, which we believe increases our connection to God.
- 5) Knowledge of these spiritual principles is not enough. We must live them.

Is Unity a denomination?

Some aspects of the Unity movement are denominational, and some are not. For example, there are more than 900 Unity churches and study groups affiliated with Unity's sister organization, the Association of Unity Churches International. This is a denominational aspect of Unity. In addition, the Unity Institute at Unity Village trains approximately 60 students every two years to be Unity ministers. This is also denominational. However, the majority of the work done by Unity involves prayer, publishing, and education services to people of all faiths. These nondenominational aspects include the prayer ministry, Silent Unity, Daily Word (Unity's nondenominational inspirational monthly magazine), retreats, and continuing education classes that are open to everyone and teach Unity principles in nondenominational settings.

Is there any connection between Unity and Unitarianism?

No, there is no connection, although there is sometimes confusion because of the similarity of the names. Each is a distinct organization with its own set of beliefs and practices.

What is the relationship of Unity to other churches?

Unity is a vehicle for instruction, inspiration, and prayer support for spiritual seekers, regardless of their religious affiliation. Unity freely shares its teachings with all churches.

What does Unity teach about sin and salvation, heaven and hell?

Sin is our separation from God, the Good, in consciousness. Salvation is now--not something that occurs after death. It happens whenever we turn our thoughts from fear, anxiety, worry, and doubt to thoughts of love, harmony, joy, and peace. The "fall" takes place in consciousness whenever we fall into negative habits of thinking. Heaven and hell are states of consciousness, not geographical locations. We make our own heaven or hell here and now by our thoughts, words, and deeds.

For more information please contact us.

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